



Day Support and Respite Services

Overview

St. Joseph's Villa's Day Support and Respite Services is comprised of three complementary services: Day Support Services (which provides weekday after-school care during the academic year, as well as care on days when there is no school and during the summer), In-Home Services (which provides care inside a client's home) and Weekend Respite (which is a weekend residency program). Hours of operation are listed below.

Day Support and Respite Programs are located in the Seton House building; 7700 Brook Road. The center is adjacent to the main campus of St. Joseph's Villa located at 8000 Brook Road (the corner of Brook and Parham Roads).

Day Support Services

The Day Support Programs of Day Services are designed to provide recreational and skill enhancement activities for children and young adults with developmental disabilities who may also be dually diagnosed with emotional and/or behavioral disorders. The programs provide socialization with peers, therapeutic recreation (arts and crafts, music, and physical activity), community integration, personal care, along with nutritional meals and snacks that are USDA approved. Program philosophy encourages consumer choice throughout all aspects of active treatment. Consumers are provided opportunities to choose activities other than those listed on the activity schedule. The programs are structured to meet the consumer's physical and emotional needs; provide protection, guidance, and supervision; and meet the objectives of the consumer's individualized service plan. Goals of this program include helping consumers to develop more effective social and coping skills, increased daily living skills, and improved adaptive behavior.

The staff to consumer ratio will not exceed 1:4.

Hours of operation:

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| • Summer Programming | 8:30 a.m.-5:30 p.m. |
| • After School Programming | 2:00 p.m.-6:00 p.m. |
| • Non-School Days During School Year | 10:00 a.m.-6:00 p.m. |

In-Home Services

The In-Home Program offered through Day Services is designed to assist families in maintaining individuals with developmental disabilities, who may also be dually diagnosed with emotional and/or behavioral disorders, in their home. Secondly, In-Home services provide recreation and skill enhancement activities for the consumers. Program philosophy encourages consumer choice throughout all aspects of programming. Consumers are provided opportunities to choose activities they would like to participate in and that appeal to their likes and strengths. The program is structured to meet the consumer's physical and emotional needs; provide protection, guidance, and supervision; and meet the objectives of the consumer's individualized service plan. Goals of this program include helping consumers to develop more effective social and coping skills, increased daily living skills, and improved adaptive behavior.

Consumers participating in the in-home program receive individual instruction from a counselor in both the consumer's home and in the community. Refer to job descriptions in the Human Resources section for additional information on qualifications of staff and their role in the program.



Weekend Respite

The Weekend Respite program through Day Services is designed to assist persons with developmental disabilities who may also be dually diagnosed with emotional and/or behavioral disorders by assisting their families. The program provides the families relief and support from the constant responsibility of caring for a family member with a developmental disability who may also have other mental health disorders. The center provides socialization with peers, therapeutic recreation (arts and crafts, music, and physical activity), community integration, personal care, along with nutritional meals and snacks that are USDA approved. Program philosophy encourages consumer choice throughout all aspects of programming. Consumers are provided opportunities to choose activities other than those listed on the activity schedule. The program is structured to meet the consumer's physical and emotional needs as well as provide protection, guidance, and supervision.

The staff to consumer ratio will not exceed 1:4.

The Weekend Respite Program provides awake, overnight staff for supervision and safety of the consumers.

Hours of operation are from 7:00 p.m. Friday through Sunday 2:00 p.m.

Licensing, Eligibility Requirements and Admissions

Licensing

The Virginia Department of Mental Health, Mental Retardation and Substance Abuse Services is the regulating body for all of the above services, except Villa Explorers, which is licensed by the Virginia Department of Social Services.

Eligibility Requirements

To be eligible for services, a child must:

- Be diagnosed with a developmental, behavioral, or emotional disorder
- Meet program age requirements
- Have no significant medical conditions that require invasive procedures
- Fit into the program's staff ratio structure (unless additional staff support is available through funding agencies)

Admissions Procedure

Please call Conchetta Yonaitis, Director of Day Support, at (804) 553-3285 to receive an admissions packet.

Once a completed admission packet is received, an interview and behavior observation will be conducted with the parent, child, and case worker. Applicants will be approved if space is available and they meet eligibility requirements.

St. Joseph's Villa

Established in Richmond in 1834, St. Joseph's Villa is metro-Richmond, Virginia's oldest and largest continuously-operating children's nonprofit organization. The Villa is located on a spacious 82-acre campus in Richmond/Henrico County and builds stronger children, families and communities. The Villa serves more than 600 children and families daily, through the delivery of six major day and residential programs that includes: special and nontraditional education; education/housing services for homeless children and their families; respite, summer and after-school care for children with disabilities; emergency shelter for children in crisis; and, housing for adults with disabilities.

St. Joseph's Villa admits clients of any race, color, gender, age, religion, disability or national origin to all the rights, privileges, programs and activities generally accepted or made available to clients at St. Joseph's Villa. In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, St. Joseph's Villa is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability and retaliation in the administration of its educational policies, admissions policies, scholarship and loan programs and athletic and other agency-administered programs. Any person who believes he or she has been discriminated against in any U.S.D.A. related activity should write to the Secretary of Agriculture, Washington, D.C. 20250.