



Supportive Case Management Services

Making Independent Living a Reality

Overview

St. Joseph's Villa operates a Supportive Case Management Program to provide services which include skills training, assistance and support in areas related to independent living. The main goal is to provide services to help individuals achieve and maintain stability, independence, and success in the home and in the community. These services will be tailored to meet the needs of clients experiencing difficulties in their current placements. Individuals may have a dual diagnosis of both mental illness and mental retardation.

Our services are designed to meet the needs of clients experiencing difficulties in their current placements due to emotional, behavioral, and mental health issues. We will also provide transitional support and stabilization services to clients returning to the community from a more restrictive environment. Our goal is to provide each client with individualized services and training so they can function as independently as possible. Each client will learn to utilize appropriate community resources to maintain stability in the least restrictive community setting.

Treatment Philosophy

Although a number of significant services have been developed in the areas of enhancing independence with adolescents and adults, there remains a small number of individuals who, for various and complex reasons, require more intensive and person centered services. In keeping with its adaptive approach to service delivery, St. Joseph's Villa has designed a program that provides a comprehensive therapeutic approach with a clinical emphasis. A framework of modeling, teaching, ongoing assessment and feedback will provide additional emphasis for clients to practice new skills. Various treatment modalities are critical to help clients to generalize skill development and designed to assist in:

1. Developing more effective social, communication, and interpersonal skills.
2. Improving independent daily living skills to stabilize home placement
3. Enhancing client/ family's understanding of other services the client can be transitioned to after mental health support services.
4. Enhancing functioning level
5. Community integration and generalizing newly acquired skills.

St. Joseph's Villa's Supportive Case Management Program endeavors to provide a highly structured and caring environment, staffed by professionally trained and skilled staff. Services are designed with the single purpose of addressing the individualized needs of the client. The client's potential to learn and grow within the program will be carefully and consistently monitored.

Treatment services are designed to address the emotional, behavioral, functional, and psychological concerns of the clients in an effort to effect positive changes in functioning, behaviors and communication. The objective of treatment is to enable clients to learn more positive and healthy behaviors.

The agency will serve individuals who display significant functional limitations and may have a serious mental illness, mental retardation, and/or a need for training and/or support to live with stability in the community. The program will also serve older adolescents and adults who are in need of additional support due to emotional disturbance, family disruption, social problems, and/or school problems.



Treatment Goals and Activities

- To develop more effective daily living skills, as well as, improved communication and adaptive behaviors to improve interpersonal skills.
- To enhance functional level.
- To improve community awareness and give opportunities for community integration and education regarding community resources.
- To provide services to clients to enhance their independence in their communities.

Location

The Supportive Case Management Program is on the main campus of St. Joseph's Villa near the corner of Brook and Parham Roads.

Prescribed Activities

- A face-to-face diagnostic assessment is conducted by a Qualified Mental Health Professional (QMHP) and approved by the Licensed Mental Health Professional prior to initiating service in order to indicate that service needs can be best be met through Mental Health Support.
- The assessment is reviewed within 30 days to indicate any changes.
- A preliminary Individualized Service Plan (ISP) is completed prior to attending the program
- A finalized ISP completed by a Qualified Mental Health Professional (QMHP) is completed within 30 days of service initiation.
- Counselors provide various services, including:
 - Comprehensive Case Management
 - Diagnostic assessments
 - Individualized service and transitional living planning
 - Training in personal daily living skills
 - Provide transportation assistance
 - Service coordination to properly link the client with supports to meet their housing, mental and physical health, financial, educational, employment, transportation, daily living, social and recreational needs
 - Community connections and involvement in social and recreational activities
 - 24 hour on-call assistance

Contract Services - None

Types of Discharge

A client may be transitioned from the program upon completion of goals and objectives that led to placement. Completion of the program will be determined through clinical assessments; review of treatment plans and documented progress.

A client may also be discharged from the program due to behaviors that develop that meet exclusion criteria.

A client may be referred to appropriate alternative services when it is determined that the client does not meet the admission criteria and is not appropriate for the program.

Program Staffing

The Senior Director of Day Treatment Services oversees the overall operations of the program. A licensed mental health worker is responsible for authorization of clients' acceptance in to the program. A Program Manager is responsible for overseeing treatment planning for all clients (includes assessments, ISP, and weekly treatment teams) and the daily operations of the program. Additionally, this position is responsible for conducting field supervision, providing supervision to staff and providing case management coordination. The program employs Case Managers and Counselors to provide services to clients. Counselors and Case managers are supervised by the Program Manager who meets qualifications of a QMHP.



Admissions Criteria

To be eligible for this service, individuals must:

- Have a clinical need for the service arising from a condition due to mental, behavioral, or emotional illness, which results in significant functional impairments in major life activities
- Have difficulty in establishing or maintaining normal interpersonal relationships to such a degree that they are at risk of placement failure, hospitalization or homelessness because of conflicts with family or community
- Require help in basic living skills such as maintaining personal hygiene, preparing food and maintaining adequate nutrition or managing finances to such a degree that health and safety is jeopardized
- Exhibit such inappropriate behavior that repeated interventions by mental health professionals, social services, or the justice system are necessary.
- Cognitive ability is limited to the extent that they are unable to recognize personal danger or recognize significantly inappropriate social behavior

Specific exclusions for admissions:

Admission and exclusion criteria are designed to maximize the potential for success for each client. Additionally, certain exclusion criteria serve to protect the staff and clients of St. Joseph's Villa, as services are provided in the home and community settings.

A client may not be admitted to St. Joseph's Villa's Supportive Case Management Program if he/she presents the following:

- DSM IV Axis II diagnosis of mental retardation other than Mild Mental Retardation (IQ 50+)
- Individuals who are actively psychotic.
- Active suicidal or homicidal ideation or self-harming behavior
- Individuals under the age of 16
- Individuals who are medically fragile per their physician and require a higher level of medical care which exceed the scope of the training of St. Joseph's Villa Day Services Mental Health Support staff.
- Individuals that require invasive medical procedures during the period of service delivery.

Admissions and More Information

Please call Craig Hedley, Director of Community Partnerships, at (804) 553-3226, or send him an email at chedley@sjmail.net, for more information.

St. Joseph's Villa

Established in Richmond in 1834, St. Joseph's Villa is metro-Richmond, Virginia's oldest and largest continuously-operating children's nonprofit organization. The Villa is located on a spacious 82-acre campus in Richmond/Henrico County and builds stronger children, families and communities. The Villa serves more than 500 children and families daily, through the delivery of day, after-school and residential programs that include: special and nontraditional education programs for at-risk youth; education and housing services for homeless children and their families; education and respite, summer and after-school care for children with autism and developmental disabilities; behavioral treatment programs for children and families; housing for adults with disabilities; and a child development center. The Villa is accredited by the national Council on Accreditation and is an approved Medicaid provider for many of its services.



ST. JOSEPH'S VILLA
FOR CHILDREN

St. Joseph's Villa admits clients of any race, color, gender, age, religion, disability or national origin to all the rights, privileges, programs and activities generally accepted or made available to clients at St. Joseph's Villa. In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, St. Joseph's Villa is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability and retaliation in the administration of its educational policies, admissions policies, scholarship and loan programs and athletic and other agency-administered programs. Any person who believes he or she has been discriminated against in any U.S.D.A. related activity should write to the Secretary of Agriculture, Washington, D.C. 20250.